



TACKLING DEMENTIA, DEPRESSION
AND LONELINESS THROUGH THE
POWER OF SPORT



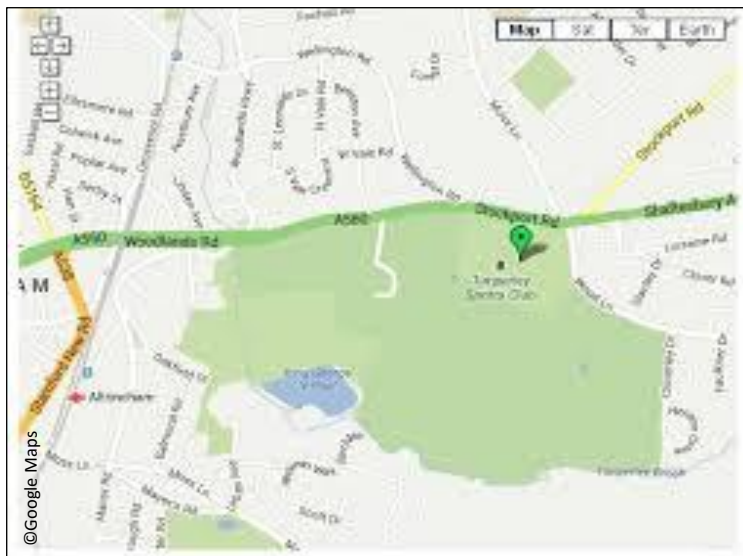
Are proud to host the
Golden Games

The **Golden Games** is an opportunity for you to get back into activity. Come along and try out new sports, find out about Timperley Sports Club's new Sporting Memories Session and much more. To register for the event you can either contact Megan Hale (details below), or just turn up and register on the day.

SUNDAY 22 JULY, 10am – 4.30pm
Timperley Sports Club

Contact: **Megan Hale** megan.hale@sportingmemoriesnetwork.com
or **07769178998**

Event Address: **Timperley Sports Club, Stockport Road,
Timperley, WA15 7LU**



www.sportingmemoriesnetwork.com

In partnership with



Programme of Events

| LOCATION | 10:00-10:30 | 10:30-11:25 | 11:30-12:25 | LUNCH | 13:30-14:25 | 14:30-15:25 | 15:30-16:30 |
|---------------|---------------------------|--|---|-------|---|-----------------------------|-----------------------------|
| Bar | Golden Games Registration | Boccia competition, General stalls | Darts competition, Stalls and Sporting Memories taster activities | | New Age Kurling competition, Stalls and Sporting Memories taster activities | Stalls | Stalls |
| Studio | | FABS exercise class | Line/Ballroom Dancing | | Zumba Gold | FABS exercise class | |
| Grass Pitch 1 | | Soft ball Cricket | Soft Archery | | Scheduled Cricket match | Scheduled Cricket match | Scheduled Cricket match |
| Grass Pitch 2 | | Walk for Health (short and long walks available) | | | Rounders | Volleyball | Soft ball Cricket |
| Astro 1 | | Inclusive Cycling | Inclusive Cycling | | Walking Rugby | Walking Hockey | |
| Astro 2 | | Walking Hockey Walking Football | Walking Rugby | | Walking Football tournament | Walking Football tournament | Walking Football tournament |
| | Event Parking | | | | Event Parking | | |
| Car Park A | Event Stalls | | | | Event Stalls | | |
| Car Park B | | | | | | | |

Key:

Sale Rugby

Altrincham FC

Timperley Sports Club

External Providers

Sporting Memories Network